



December 2024

# The Weston Gazette

## LUXURY LIVING FOR SENIORS

Justin Valdes– MC Activities Director



### *A Message from Helen*

Any problems, issues, or other questions?  
Call me on my cell at (786) 556-9009  
or e-mail me at [Helen@ThePalace.org](mailto:Helen@ThePalace.org).

~ Love, Helen Shaham

*Owner, The Palace Group*

*Please say your name and room number.*

### SPECIAL PROGRAMS & EVENTS IN

# December

### Welcome, December!

As the year winds down, December brings with it the magic of the holidays, a sense of togetherness, and an opportunity to reflect on all we've accomplished. It's a month of joy, giving, and creating cherished memories with loved ones. Let's embrace the season with open hearts and festive cheer!

**Monday, December 9th, 23rd**  
Ceramics with Terri & Kyla  
10:00am (Activity Room)

**Saturday, December 21st**  
Calvary Church Service  
10:00am (Activity Room)

**THE PALACE AT WESTON**  
16025 EMERALD ESATES DR.  
WESTON, FL 33331  
PHONE: (954) 217-2000



let's get this party

*cracking*



PLEASE JOIN US FOR A CHRISTMAS CELEBRATION

Sunday

DEC **22** 2024

AT ELEVEN THIRTY IN THE MORNING

PLEASE BE SURE TO RSVP  
VIA EVITE BY NO LATER  
THAN MONDAY  
DECEMBER 16

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p>10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy Hour (Singer) 5:00 Movie Night w Popcorn</p>	<p><b>2</b></p> <p>10:00 Noreena Lectures 11:00 Belly Dancing w Katy 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin 2:30 Fit body and mind w Alejo 3:00 Happy hour w Harp 5:00 Elder Song Sing Along V1</p>	<p><b>3</b></p> <p>10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Competitive Sport Games 2:30 Fit body and mind w Alejo 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin</p>	<p><b>4</b></p> <p>10:00 Cafecito Time w Alejandro 11:00 Pool Noodle Exercise 1:00 Social hour in the Garden 2:00 Music vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Piano) 5:00 Aroma Therapy/ Meditation Class</p>	<p><b>5</b></p> <p>10:00 Music therapy w Trent 11:00 Percussion Training 1:00 Social Hour in the Garden 2:00 Competitive sport games 2:30 Fit body and mind w Alejo 3:00 Happy hour (Singer) 5:00 Oldie Goldie Sing Along w Mr. Boom chakalaka!</p>	<p><b>6</b></p> <p>10:00 CAT Pet Therapy 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! 2:30 Fit body and mind w Alejo 3:00 Happy hour (Guitar) 5:00 Aero Rumba w Katy</p>	<p><b>7</b></p> <p>10:00 Gentlemen's Club 11:00 Ladies get Glamorous 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) 5:00 Sensory relief w Katy</p>
<p><b>8</b></p> <p>10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy Hour (Singer) 5:00 Movie Night w Popcorn</p>	<p><b>9</b></p> <p>10:00 Ceramics w Terri &amp; Kyla 11:00 Belly Dancing w Katy 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin 2:30 Fit body and mind w Alejo 3:00 Happy hour w Harp 5:00 Elder Song Sing Along V2</p>	<p><b>10</b></p> <p>10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Competitive Sport Games 2:30 Fit body and mind w Alejo 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin</p>	<p><b>11</b></p> <p>10:00 Cafecito Time w Alejandro 11:00 Pool Noodle Exercise 1:00 Social hour in the Garden 2:00 Music vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Piano) 5:00 Aroma Therapy/ Meditation Class</p>	<p><b>12</b></p> <p>10:00 Music therapy w Trent 11:00 Percussion Training 1:00 Social Hour in the Garden 2:00 Competitive sport games 2:30 Fit body and mind w Alejo 3:00 Happy hour (Singer) 5:00 Oldie Goldie Sing Along w Mr. Boom chakalaka!</p>	<p><b>13</b></p> <p>10:00 CAT Pet Therapy 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! 2:30 Fit body and mind w Alejo 3:00 Happy hour (Guitar) 5:00 Aero Rumba w Katy</p>	<p><b>14</b></p> <p>10:00 Gentlemen's Club 11:00 Ladies get Glamorous 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) 5:00 Sensory relief w Katy</p>
<p><b>15</b></p> <p>10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy hour (Singer) 5:00 Movie Night w Popcorn</p>	<p><b>16</b></p> <p>10:00 Noreena Lectures 11:00 Belly Dancing w Katy 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin 2:30 Fit body and mind w Alejo 3:00 Happy hour w Harp 5:00 Elder Song Sing Along V3</p>	<p><b>17</b></p> <p>10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Competitive Sport Games 2:30 Fit body and mind w Alejo 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin</p>	<p><b>18</b></p> <p>10:00 Cafecito Time w Alejandro 11:00 Resistance Training 1:00 Social hour in the Garden 2:00 Music vibes 2:30 Fit body and mind w Alejo 3:00 Happy hour (Piano) 5:00 Aroma Therapy/ Meditation Class</p>	<p><b>19</b></p> <p>10:00 Music therapy w Trent 11:00 Percussion Training 1:00 Social Hour in the Garden 2:00 Competitive sport games 2:30 Fit body and mind w Alejo 3:00 Happy hour (Singer) 5:00 Oldie Goldie Sing Along w Mr.</p>	<p><b>20</b></p> <p>10:00 CAT Pet Therapy 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! 2:30 Fit body and mind w Alejo 3:00 Happy hour (Guitar) 5:00 Aero Rumba w Katy</p>	<p><b>Calvary Church Service 21</b></p> <p>10:00 Calvary Chapel Service 11:00 Ladies get Glamorous 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) 5:00 Sensory relief w Katy</p>
	<p><b>23</b></p> <p>10:00 Ceramics w Terri &amp; Kyla 11:00 Belly Dancing w Katy 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin 2:30 Fit body and mind w Alejo 3:00 Happy hour Harp 5:00 Elder Song Sing Along V4</p>	<p><b>24</b></p> <p>10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Competitive Sport Games 2:30 Fit body and mind w Alejo 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin</p>		<p><b>26</b></p> <p>10:00 Music therapy w Trent 11:00 Percussion Training 1:00 Social Hour in the Garden 2:00 Competitive sport games 2:30 Fit body and mind w Alejo 3:00 Happy hour (Singer) 5:00 Oldie Goldie Sing Along w Mr. Boom chakalaka!</p>	<p><b>27</b></p> <p>10:00 CAT Pet Therapy 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! 2:30 Fit body and mind w Alejo 3:00 Happy hour (Guitar) 5:00 Aero Rumba w Katy</p>	<p><b>28</b></p> <p>10:00 Gentlemen's Club 11:00 Ladies get Glamorous 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) 5:00 Sensory relief w Katy</p>
<p><b>29</b></p> <p>10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy hour (Singer) 5:00 Movie Night w Popcorn</p>	<p><b>30</b></p> <p>10:00 Noreena Lectures 11:00 Belly Dancing w Katy 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin 2:30 Fit body and mind w Alejo 3:00 Happy hour Harp 5:00 Elder Song Sing Along V1</p>	<p><b>31</b></p> <p>10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Competitive Sport Games 2:30 Fit body and mind w Alejo 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin</p>				

Calendar is subject to change.

For questions, please e-mail Director of Activities Justin Valdes at [justin@thepalaceus.com](mailto:justin@thepalaceus.com) or call (754) 236-8145.

# Thanksgiving Family Feud

