



# The Gardens Gazette

*Luxury Carefree Living for Active Seniors*

*Olga Gonzalez , AL Activities Director*

*December 2024*

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## *A Message from Helen*



Any problems, issues,  
or other questions?  
Call me on my cell at  
(786) 556-9009  
or e-mail me at  
Helen@ThePalace.org.

Please say your name &  
your apartment  
number.

~Love, Helen Shaham,  
Owner, The Palace Group

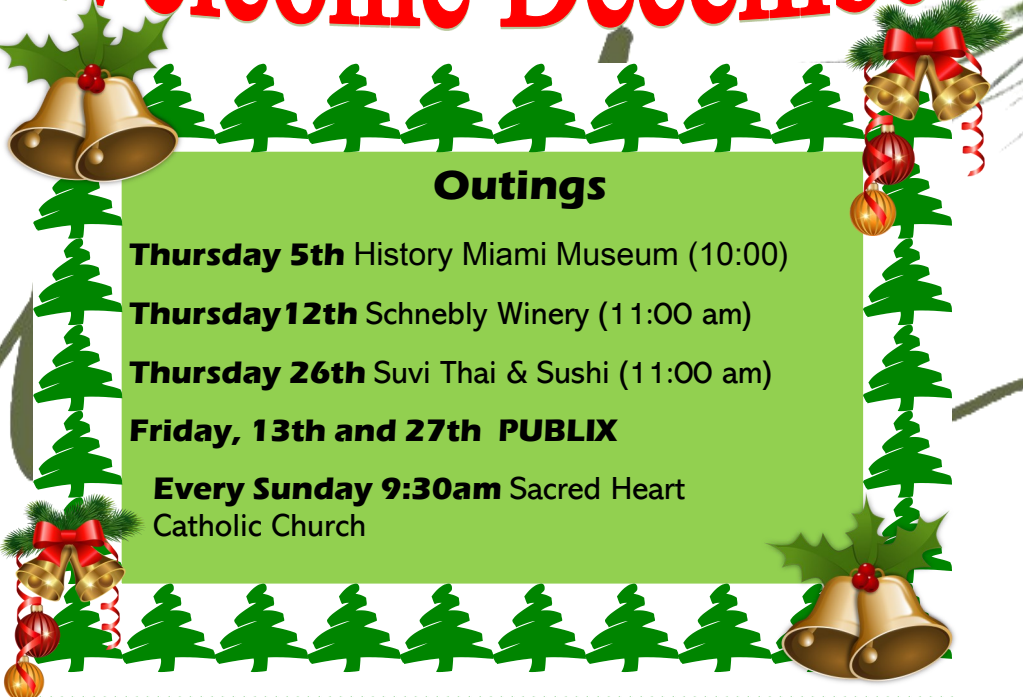
## *Resident 's Bill of Rights*

*Did you know that you have  
the right to...*

*Be given opportunities to  
exercise and be outdoors  
regularly*



# Welcome December



## Outings

**Thursday 5th** History Miami Museum (10:00)

**Thursday 12th** Schnebly Winery (11:00 am)

**Thursday 26th** Suvi Thai & Sushi (11:00 am)

**Friday, 13th and 27th PUBLIX**

**Every Sunday 9:30am** Sacred Heart  
Catholic Church

## Happy Birthday to:

Edith Wagner—02

Ronald Childree—26

Diane Levitz —-04

Maria Pages—-27

Anthony Prieto ---04

Rolando Abreu—28

Suzanne Barth ---10

Christa Schutz—28

Ileana Del valle ---15

Mireya Mocega—29

Theresa Spiegel---25

Fabian Mayta—-31

**Follow us!**



**@thepalacegardens**

# The Palace Gardens

# DECEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Catholic Church Outing <b>1</b></p> <p>10:15 Karaoke /Plaza</p> <p>11:00 Nails &amp; Spa</p> <p>1:00 In room visits (1st floor)</p> <p>2:00 Classic Movie /Theater</p> <p>2:00 Healthy Smoothies</p> <p>3:00 \$2.00 Bingo</p> <p>4:15 Happy Hour w/<b>Ariel</b></p> <p>6:45 Drama Movie Night</p>	<p>10:00 Get Up &amp; Move <b>2</b></p> <p>10:45 The Brain Bowl</p> <p>1:45 Canvas w/ Terrie</p> <p>1:30 Dominos &amp; Cards</p> <p>3:00 Blackjack</p> <p>4:15 Happy Hour w/<b>Gustavo</b></p> <p>6:45 Comedy Movie Night</p>	<p>10:00 Get Up &amp; Move <b>3</b></p> <p>10:30 Pool</p> <p>10:30 Jewelry Design /Gisela</p> <p>1:30 Dominos &amp; Cards</p> <p>1:45 Arts &amp; Crafts w/Terri</p> <p>3:00 Talking about</p> <p>4:15 Happy Hour w/<b>Heriberto</b></p> <p>6:45 Sci Fi Movie Night</p>	<p>10:00 Get UP &amp; Move <b>4</b></p> <p>10:30 Walking with Arianda</p> <p>11:00 Catholic Services</p> <p>1:30 Dominos &amp; Cards</p> <p>2:00 \$2.00 Bingo</p> <p>4:15 Happy Hour w/<b>Anabel</b></p> <p>6:30 Action Movie Night</p> <p><b>Family Holiday Crafting Event</b></p>	<p>10:00 Get Up &amp; Move <b>5</b></p> <p>10:00 Rumba with Kathy</p> <p><b>11:00 OUTING to Museum</b></p> <p>11:00 Rumba with Kathy</p> <p>2:00 TRIVIA</p> <p>3:00 Blackjack</p> <p>4:15 Happy Hour with <b>Javier</b></p> <p>6:45 Romance Movie Night</p>	<p>10:00 Get UP &amp; Move <b>6</b></p> <p>10:30 Gardening w/ Jonathan</p> <p>2:00 Chair Zumba</p> <p>3:00 \$2.00 Bingo</p> <p>4:15 Happy Hour w/<b>Arnoldo</b></p> <p>6:45 Mystery Movie Night</p> <p><b>Dog Therapy Visit !</b></p>	<p>10:00 Workout with Ari <b>7</b></p> <p>10:30 Drum Circle</p> <p>10:30 Virtual Shabbat</p> <p>11:00 Mark's Singalong</p> <p>2:00 Flower Arranging</p> <p><b>3:00 Reading Shakespeare</b></p> <p>4:15 Happy Hour with <b>Suo</b></p> <p>6:45 Drama Movie Night</p>
<p>9:30 Catholic Church Outing <b>8</b></p> <p>10:15 Karaoke /Plaza</p> <p>11:00 Nails &amp; Spa</p> <p>1:00 In room visits (2nd floor)</p> <p>2:00 Classic Movie /Theater</p> <p>2:00 Healthy Smoothies</p> <p>3:00 \$2.00 Bingo</p> <p>4:15 Happy Hour w/<b>Bert</b></p> <p>6:45 Drama Movie Night</p>	<p>10:00 Get Up &amp; Move <b>9</b></p> <p><b>10:45 DIY Christmas tree</b></p> <p>1:00 Scrapbook Factory </p> <p>1:30 Dominos &amp; Cards</p> <p>3:00 Blackjack</p> <p>4:15 Happy Hour w/<b>Tony</b></p> <p>6:45 Comedy Movie Night</p> <p><b>Green Monday !</b></p>	<p>10:00 Get Up &amp; Move <b>10</b></p> <p>10:30 Pool</p> <p>10:30 Jewelry Design /Gisela</p> <p>1:30 Dominos &amp; Cards</p> <p>1:45 Arts &amp; Crafts w/Terri</p> <p>3:00 Talking about</p> <p>4:15 Happy Hour <b>Heriberto</b></p> <p>6:45 Sci Fi Movie Night</p>	<p>10:00 Get UP &amp; Move <b>11</b></p> <p>10:30 Walking with Arianda</p> <p>11:00 Rumba with Kathy</p> <p>1:30 Dominos &amp; Cards</p> <p>2:00 \$2.00 Bingo</p> <p>3:00</p> <p>4:15 Happy Hour <b>Anabel</b></p> <p>6:30 Action Movie Night</p>	<p>10:00 Get Up &amp; Move <b>12</b></p> <p>10:30 Documentary (Science)</p> <p><b>11:00 OUTING to</b></p> <p>2:00 TRIVIA</p> <p>3:00 Blackjack</p> <p>4:15 Happy Hour with <b>Javier</b></p> <p>6:45 Romance Movie Night</p>	<p>10:00 Get UP &amp; Move <b>13</b></p> <p>10:30 Gardening w/Ari </p> <p>11:00 Christmas Carol</p> <p>2:00 Chair Zumba</p> <p>2:00 Outing to PUBLIX</p> <p>3:00 \$2.00 Bingo</p> <p>4:15 Happy Hour w/<b>Pamir</b></p> <p>6:45 Mystery Movie Night</p>	<p>10:00 Workout with Ari <b>14</b></p> <p>10:30 Drum Circle</p> <p>10:30 Virtual Shabbat</p> <p>11:00 Mark's Singalong</p> <p>2:00 Domino Tournament</p> <p>3:00 Reading &amp; Coffee</p> <p>4:15 Happy Hour with <b>Suo</b></p> <p>6:45 Drama Movie Night</p>
<p>9:30 Catholic Church Outing <b>15</b></p> <p>10:15 Karaoke /Plaza</p> <p>11:00 Nails &amp; Spa</p> <p>1:00 In room visits (3rd floor)</p> <p>2:00 Classic Movie/Theater</p> <p>2:00 Healthy Smoothies</p> <p>3:00 \$2.00 Bingo</p> <p>4:15 Happy Hour w/<b>Bert</b></p> <p>6:45 Drama Movie Night</p>	<p>10:00 Get Up &amp; Move <b>16</b></p> <p><b>10:45 Gingerbread House Decoration</b> </p> <p>1:30 Dominos &amp; Cards</p> <p>1:45 Canvas w/ Terrie</p> <p>3:00 Blackjack</p> <p>4:15 Happy Hour/<b>Freddie</b></p> <p>6:45 Comedy Movie Night</p>	<p>10:00 Get Up &amp; Move <b>17</b></p> <p>10:30 Pool</p> <p>10:30 Jewelry Design /Gisela</p> <p>1:45 Arts &amp; Crafts w/ Terri</p> <p>3:00 Talking about</p> <p>4:15 Happy Hour /<b>Heriberto</b></p> <p>6:45 Sci Fi Movie Night</p>	<p>10:00 Get UP &amp; Move <b>18</b></p> <p>10:30 Walking with Arianda</p> <p>11:00 Rumba with Kathy</p> <p>2:00 \$2.00 Bingo</p> <p>3:00 Book Mobile</p> <p>4:15 Happy Hour w/<b>Pamir</b></p> <p>6:45 Action Movie Night</p>	<p>10:00 Get Up &amp; Move <b>19</b></p> <p><b>10:30 DIY Christmas cards</b></p> <p>11:00 Chair Volleyball</p> <p>1:30 Dominos &amp; Cards</p> <p>2:00 TRIVIA</p> <p>3:00 Blackjack</p> <p>4:15 Happy Hour w/ <b>Javier</b></p> <p>6:45 Romance Movie Night</p>	<p>10:00 Get UP &amp; Move <b>20</b></p> <p>10:30 Trivia/Plaza</p> <p>10:30 Gardening w/ Jonathan</p> <p>1:30 Dominos &amp; Cards</p> <p>2:00 Afternoon Movie /Plaza</p> <p>4:15 Happy Hour w/<b>Arnoldo</b></p> <p><b>Dog Therapy Visit !</b></p> 	
<p>9:30 Catholic Church Outing <b>22</b></p> <p>10:15 Karaoke /Plaza</p> <p>11:00 Nails &amp; Spa</p> <p>10:00 In room visits (3rd floor)</p> <p>2:00 Classic Movie/Theater</p> <p>2:00 Healthy Smoothies</p> <p>3:00 \$2.00 Bingo</p> <p>4:15 Happy Hour w/<b>Bert</b></p> <p>6:45 Drama Movie Night</p>	<p>10:00 Get Up &amp; Move <b>23</b></p> <p><b>10:45 Baking cookies</b> </p> <p>1:00 Scrapbook Factory</p> <p>1:30 Dominos &amp; Cards</p> <p>2:00 Jeopardy</p> <p>3:00 Blackjack</p> <p>4:15 Happy Hour w/<b>Javier</b></p> <p>6:45 Comedy Movie Night</p>	<p>10:00 Get Up &amp; Move <b>24</b></p> <p>10:30 Pool</p> <p>10:30 Jewelry Design /Gisela</p> <p>1:30 Dominos &amp; Cards</p> <p>1:45 Arts &amp; Crafts w/ Terri</p> <p>3:00 Talking about</p> <p>4:15 Happy Hour <b>Heriberto</b></p> <p>6:45 Sci Fi Movie Night</p> <p><b>CHRISTMAS Eve!</b></p>	<p>10:00 Get UP &amp; Move <b>25</b></p> <p>10:30 Walking with Arianda</p> <p>11:00 Rumba with Kathy</p> <p>1:30 Dominos &amp; Cards</p> <p>2:00 \$2.00 Bingo</p> <p>4:15 Happy Hour w/<b>Javier</b></p> <p>6:30 Action Movie Night-</p> <p><b>CHRISTMAS</b> </p>	<p>10:00 Get Up &amp; Move <b>26</b></p> <p>10:30 Documentary (Celebrities)</p> <p><b>10:45 OUTING</b></p> <p>1:30 Dominos &amp; Cards</p> <p>2:00 TRIVIA</p> <p>3:00 Blackjack</p> <p>4:15 Happy Hour w/<b>Gustavo</b></p> <p>6:45 Romance Movie Night</p>	<p>10:00 Get UP &amp; Move <b>27</b></p> <p>10:30 Gardening w/Ari </p> <p>2:00 Chair Zumba</p> <p>2:00 Outing to PUBLIX</p> <p>3:00 Bingo</p> <p>4:15 Happy Hour with <b>Pamir</b></p> <p>6:45 Mystery Movie Night</p> <p><b>Dog Therapy Visit !</b></p>	<p>10:00 Workout with Ari <b>28</b></p> <p>10:30 Drum Circle</p> <p>10:30 Virtual Shabbat</p> <p>11:00 Mark's Singalong</p> <p>2:00 Jumbo Jenga</p> <p>3:00 Nails &amp; Spa</p> <p>4:15 Happy Hour with <b>Suo</b></p> <p>6:45 Drama Movie Night</p>
<p>9:30 Catholic Church Outing <b>29</b></p> <p><b>10:15 Karaoke /Plaza</b></p> <p>11:00 Nails &amp; Spa</p> <p>1:00 In room visits</p> <p>2:00 Classic Movie /Theater</p> <p>2:00 Healthy Smoothies</p> <p>3:00 \$2.00 Bingo</p> <p>4:15 Happy Hour w/<b>Pedro</b></p> <p>6:45 Drama Movie Night</p>	<p>10:00 Get Up &amp; Move <b>30</b></p> <p><b>10:45 2025 Vision Board</b></p> <p>1:30 Dominos &amp; Cards</p> <p>1:45 Canvas w/ Terrie</p> <p>3:00 Blackjack</p> <p>4:15 Happy Hour w/<b>Tony</b></p> <p>6:45 Comedy Movie Night</p>	<p>10:00 Get Up &amp; Move <b>31</b></p> <p>10:30 Pool</p> <p>10:30 Jewelry Design /Gisela</p> <p>1:30 Dominos &amp; Cards</p> <p>1:45 Arts &amp; Crafts /Terri</p> <p>3:00 Talking about</p> <p>4:15 Special Happy Hour <b>Javier</b></p> <p>6:45 Sci Fi Movie Night</p>				<p><b>Blue—Wellness Activities</b></p> <p><b>Purple— Cognitive Activities</b></p> <p><b>Green—New Activities</b></p> <p><b>Red—Outings &amp; Special Events</b></p> <p><b>Orange-Religious Services</b></p>

# November in review



## Health & Wellness

*Get Up & Move:* Mon-Fri at 10:00 am

*Workout with Moises:* Saturdays at 9:30am

*Water Aerobics:* Tuesdays,

Thursdays and Saturdays at 10:30 am

*Gym Hours:* Mon-Fri 9:30 am-5:30pm.

## Dining Room Hours

Breakfast 8:30- 9:30am

Lunch 12:30-1:30pm

Daily Happy Hour 4:15-5:15pm

Dinner 5:30-6:30pm

Please call ahead to dine with your loved ones